

MY FUTURE PLAN FOR TEXAS YOUTH

AGES
14-16

I've got goals. I've got support. I've got this!



1. DOCUMENTS & FINANCIAL

- ☐ I have (or will get by 16):
 - ☐ Birth Certificate
 - ☐ Social Security Card
 - ☐ Texas ID or Driver's License
- ☐ I have (or am opening):
 - ☐ A bank account
- ☐ 4Kids4Families has:
 - ☐ Checked my credit every year
 - ☐ Helped fix any problems

Notes: _____



2. SCHOOL & MY FUTURE

- ☐ I completed my Casey Life Skills Assessment
- ☐ I completed my CASA Dream, Plan, Do worksheet
- ☐ I talked to my school counselor about:
 - ☐ Graduation requirements
 - ☐ My future plans
- ☐ I know I can attend Permanency Planning Meetings
- ☐ I am part of (or will be part of) a Circle of Support

Notes: _____



3. HOUSING & FUTURE PLANNING

- ☐ I've started thinking about life after foster care
- ☐ I've talked about people who will support me
- ☐ I understand my options:
 - ☐ Extended Foster Care
 - ☐ Supervised Independent Living
- ☐ I have discussed where I will live after 18.
- ☐ I have discussed military enlistment as an option if I don't want to stay in care or go to college.

Notes: _____

ABOUT ME

Name: _____

Date: _____

4Kids4Families Worker: _____

PAL Worker: _____

CASA Advocate: _____

I CAN REACH OUT TO:

 **4Kids4Families Worker**
Phone: _____

 **PAL Worker**
Phone: _____

 **CASA Advocate**
Phone: _____

 **Attorney Ad Litem**
Phone: _____

 **Trusted Adult**
Phone: _____



4. HEALTH & DECISIONS

- ☐ I understand health care after 18
- ☐ I learned about medical decisions
- ☐ I've talked about support options (guardianship or less-restrictive alternatives)
- ☐ I can ask the court through my AAL to be my own medical consenter at age 16 (if I want)

Notes: _____



5. JOBS & LIFE SKILLS

- ☐ I know about the Preparation for Adult Living (PAL) program
- ☐ I've started job readiness or career exploration
- ☐ I know about Texas Workforce Commission programs
- ☐ If I need it, I can get help with job training or disabilities support

Notes: _____



6. TRANSPORTATION

- ☐ I've explored driver's education programs
- ☐ I understand the requirements to get my license
- ☐ I'm working toward getting my driver's license
- ☐ I know of other ways to get where I need to go

Notes: _____

NOTES / QUESTIONS

Write down questions or things you want to talk about.



7. SPECIAL SUPPORT & BENEFITS

- ☐ If needed, SSI (disability benefits) has been discussed
- ☐ Planning for support services has started early
- ☐ I know who can help me access benefits and services

Notes: _____



8. CASA SUPPORT

- ☐ My CASA advocate has talked with me about the things that apply to my life.
- ☐ I feel supported by my advocate
- ☐ My CASA has offered the life skills videos by CASA

Notes: _____



9. MY VOICE MATTERS

- ☐ I know I can speak up about my future
- ☐ I can attend meetings about my life
- ☐ I feel heard and supported

Notes: _____

IMPORTANT TO KNOW

4Kids4Families makes decisions for youth in foster care.

Your advocate is here to support YOU!

If something doesn't make sense, talk to:

- 4Kids4Families Worker
- PAL Worker
- CASA Advocate



REMEMBER...



**YOU ARE IMPORTANT.
YOU ARE CAPABLE.
YOUR FUTURE MATTERS.**



YOU'VE GOT THIS! TAKE IT ONE STEP AT A TIME.

