

MY FUTURE PLAN FOR TEXAS YOUTH

AGE
17 & UP

I've got goals. I've got support. I've got this!



1. FOUNDATION & ADULT RESPONSIBILITIES

- ☐ I understand my next steps toward adulthood.
- ☐ I reviewed the services available to youth after leaving foster care.
- ☐ I know what resources are available to help me.
- ☐ I understand how to manage money.
- ☐ I am working toward financial independence.

I have learned about:

- ☐ Voter registration
- ☐ Selective Service registration (males)
- ☐ I know the responsibilities that come with being an adult.

Notes: _____



2. SCHOOL & EDUCATION

- ☐ I checked my progress toward graduation.
- ☐ If needed, I explored alternative education programs.
- ☐ I have submitted (or plan to submit) FAFSA.
- ☐ I have submitted applications for college or vocational school.
- ☐ I have been able to do college tours.
- ☐ I have discussed:
 - ☐ Tuition waiver
 - ☐ ETV funding to help pay for college or dual credit.

Notes: _____



3. HOUSING & FUTURE PLANNING

- ☐ I have a housing plan completed.
- ☐ I understand my options:
 - ☐ Extended Foster Care
 - ☐ Supervised Independent Living
- ☐ I have discussed where I will live after 18.
- ☐ I have discussed other options if I choose not to attend college or technical school, including military enlistment.
- ☐ If applicable:
 - ☐ SIL application submitted (45 days before I turn 18)
 - ☐ Housing voucher explored (90 days before I turn 18)

Notes: _____

ABOUT ME



Name: _____

Date: _____

4Kids4Families Worker: _____

PAL Worker: _____

CASA Advocate: _____

I CAN REACH OUT TO:



4Kids4Families Worker

Phone: _____



PAL Worker

Phone: _____



YAS Worker

Phone: _____



CASA Advocate

Phone: _____



Attorney Ad Litem

Phone: _____



4. TRANSITION SUPPORT

- ☐ I have visited or learned about a Transition Center in my area.
- ☐ I know what resources are available to help me.
- ☐ I reviewed the services available to youth after leaving foster care.

Notes: _____



5. JOBS & LIFE SKILLS

- ☐ I have completed or am attending PAL (Preparation for Adult Living) life skills classes.
- ☐ I understand job readiness and career options.
- ☐ I know about Texas Workforce Commission programs for job readiness, career exploration, and vocational rehabilitation (if I have a disability).

Notes: _____



6. HEALTH & BENEFITS

- ☐ I understand I have Transitional Medicaid coverage until age 26.
- ☐ If I receive SSI:
 - ☐ I understand payee options.
- ☐ I know how to access medical care after 18.

Notes: _____

NOTES / QUESTIONS



Write down questions or things you want to talk about.



7. FINANCE & BENEFITS

- ☐ If I receive SSI, I know who my payee is.
- ☐ I have a bank account and understand how to manage my money.
- ☐ I am working toward financial independence.

Notes: _____



8. MY VOICE & DECISIONS

- ☐ I have discussed my plans for after 18.
- ☐ I feel heard in decisions about my life.
- ☐ I understand my rights as I turn 18.

Notes: _____



9. CASA SUPPORT

- ☐ My CASA advocate has reviewed my transition plan with me.
- ☐ I feel supported by my advocate.
- ☐ I have been offered the CASA Life Skills Videos.

Notes: _____

IMPORTANT TO KNOW



4Kids4Families Worker
Your 4Kids4Families worker is here to help you prepare for life after foster care and connect you to resources and support.



PAL Worker
Your PAL worker can help you build life skills, set goals, and get ready for independence.



CASA Advocate
Your CASA advocate speaks up for you, supports your voice, and helps make sure your needs are met.



Attorney Ad Litem
Your attorney ad litem protects your rights and advocates for what is in your best interest.



YAS Worker
Help youth set and achieve goals related to education, employment, independent living, and personal development.

REMEMBER...



YOU ARE IMPORTANT.



YOU ARE CAPABLE.



YOUR FUTURE MATTERS.



YOU'VE GOT THIS! TAKE IT.